Outdoor				
School				2079
	May 27-30			
	A	ma	ZLM	7
			G	J J
Grades 5 & 6	Name: School: Group:			
		S	Alberta Conf of Seventh-d 5816 Highway Lacombe, AB Ph. (403)342-5 Fax: 877-300-	lay Adventists 2A T4L 2G5 5044



to the Parent

We at the Education Department are excited about the opportunity of having our 19th annual Outdoor School scheduled for May 27 -30 2019. This handbook explains the intent of the program and we ask that you look it over as you help your child plan for this adventure. This learning experience will provide a practical, handson approach to our curriculum- enhancing not only the student's interest in learning, but also allowing them to see the outdoors as God's lesson book.

To get your child to Foothills Camp for Sunday evening, you will need to arrange transportation with your school. To cover part of the cost of the food and lodging, we will need each student to contribute \$97. This includes an outdoor school t-shirt for each student.

We anticipate that this program will not only benefit your child, but also provide your child's teacher with valuable training and resources.

They, in turn, can improve the variety of learning experiences that the students at your school will receive.

Thank-you for your support of Adventist Christian Education as we train young people to develop a relationship with Jesus.

to the Student

This handbook has been written for you, the student. You will soon be leaving the four walls of your indoor classroom to attend school in the out-of-doors. The week you will spend at Outdoor School will give you a chance to learn about our natural resources and also learn outdoor recreation skills, which will help you to appreciate those resources.

You and your parents need to read this handbook carefully so that you will be prepared for your Outdoor School experience. Discuss the handbook with your parents and teacher. If you follow the suggestions in this book, it will help you feel more at home at Outdoor School and make your time there more valuable.

See you there!

Ronda Ziakris Education Superintendent

Daily Schedule

First Day

4:45 - 5:45	Registration
5:45 - 6:45	Supper *
6:45 - 8:15	General Assembly and Ice Breakers
8:15-9:15	Evening Activity – Spy vs Spy
9:30-10:00	Campfire
	Lights out is 15 minutes after



^{*} Parents and drivers who are not staying overnight are welcome to purchase a meal ticket for the evening meal.

Daily Schedule

Daily Collegate	
7:00 a.m.	Rise and Shine
7:30	Breakfast
8:00	Chores
8:50 - 9:20	General Assembly
9:30-12:00	Morning Field Study
12:00 p.m.	Lunch
12:45-1:00	Group Time with cabin counselor
1:15-2:30	1st afternoon Field Study
2:45-4:00	2 nd afternoon Field Study
4:00	Organized Recreation
5:00	Supper
6:00-7:00	Debriefing with Teacher
7:15 - 8:30	Evening Activity
8:45 - 9:30	Campfire
	Lights out 15 minutes after or as announced.



Last Day	
7:00 a.m.	Rise and Shine
7:30	Breakfast
8:00	Chores/Packing
8:50 - 9:20	General Assembly
9:30-12:00	Morning Field Study
12:00 p.m.	Lunch
12:45 - 1:00	Group Time with cabin counselor
1:15-2:30	1st afternoon Field Study
2:45-4:00	2 nd afternoon Field Study
4:15-5:00	Final Rocket Launch
5:00-5:45	Supper
	Have a safe trip home!



Field Study Schedule

Tuesday

Morning Field Study	Group	1 ST Afternoon Field Study	Group	2 nd Afternoon Field Study	Group
Pond Ecology	Crocs	Rockin' Rockets	Crocs	Rockin' Rockets	Snapping Turtles
	Snakes	Hooks 'n' Ladders	Snakes	Hooks 'n' Ladders	Crocs
River Rush	Dragonflies	Owl Pellet Dissection	Dragonflies	Owl Pellet Dissection	Snakes
	Diving Beetles	Project Wild	Diving Beetles	Project Wild	Dragonflies
Trilateration Treasure Hunt	Leaping Lizards	Craft	Leaping Lizards	Craft	Diving Beetles
	Snapping Turtles	Light n Optics	Snapping Turtles	Light n Optics	Leaping Lizards

Wednesday

Morning Field Study	Group	1 ST Afternoon Field Study	Group	2 nd Afternoon Field Study	Group
Pond Ecology	Leaping Lizards	Rockin' Rockets	Leaping Lizards	Rockin' Rockets	Diving Beetles
	Snapping Turtles	Hooks 'n' Ladders	Snapping Turtles	Hooks 'n' Ladders	Leaping Lizards
River Rush	Crocs	Owl Pellet Dissection	Crocs	Owl Pellet Dissection	Snapping Turtles
	Snakes	Project Wild	Snakes	Project Wild	Crocs
Trilateration Treasure Hunt	Dragonflies	Craft	Dragonflies	Craft	Snakes
	Diving Beetles	Light n Optics	Diving Beetles	Light n Optics	Dragonflies

Thursday

Morning Field Study	Group	1 ST Afternoon Field Study	Group	2 nd Afternoon Field Study	Group
Pond Ecology	Dragonflies	Rockin' Rockets	Dragonflies	Rockin' Rockets	Snakes
	Diving Beetles	Hooks 'n' Ladders	Diving Beetles	Hooks 'n' Ladders	Dragonflies
River Rush	Leaping Lizards	Owl Pellet Dissection	Leaping Lizards	Owl Pellet Dissection	Diving Beetles
	Snapping Turtles	Project Wild	Snapping Turtles	Project Wild	Leaping Lizards
Trilateration Treasure Hunt	Crocs Craft		Crocs	Craft	Snapping Turtles
	Snakes	Light n Optics	Snakes	Light n Optics	Crocs

Morning Field Studies will meet directly after the Morning Assembly Afternoon Field Studies will meet at the "Swamp", field area in front of the cabins.

□ The Outdoor School Site

Since the Outdoor
School is intended to
let you study the
outdoors, an effort
has been made to
move your class to a
place where you can
live comfortably
right next to your

outdoor laboratory. Foothills Camp, near Bowden, Alberta, provides the perfect site for this. You will have cabins to live in, with shower and wash facilities for your personal cleanliness, a dining room and a large meeting room right nearby.

During the week, you will be using the out-of-doors as your classroom. This outdoor classroom will be quite different from the one that you are accustomed to. For one thing, it is much larger. You will find forested areas, open meadows, a variety of plant and animal life, different types of soil, a river, and a pond. Here, assisted by Outdoor School staff, your class will discover much about God's wonderful creations.

lacksquare lacksquare lacksquare The Outdoor School Staff

School in the out-of-doors requires a great many people working together. Many of the people you will get to know during this week are teachers from schools in Alberta and student/parent volunteers. Ronda Ziakirs, our Conference Education Superintendent, and Mr. Kiers, Professor at Burman

University have planned this year's Outdoor School program once again. They will be happy to answer any questions that you may have. All teachers and volunteers are there to see that you enjoy your week of Outdoor School and learn as much as possible.

□ □ □ Living at Outdoor School

Outdoor School is a great place to spend time with the friends you already have and to make new ones. Different activities call for different groupings, so you will work with a number of groups at Outdoor School. You will have a cabin group, a field study group, your class from school, and the whole Outdoor School group.

You and a couple of your classmates will join students from other schools to form a cabin group. You will live and eat with this group during your stay. While at first it may seem that school groupings would make good cabin

groups, we've found that a mixture of students from various schools helps kids break down barriers and make friends from all over the province. Each student will have one or two of their own

classmates in their

cabin so that there is

a familiar face as well as the chance to meet new people. Each group has an adult cabin leader who is there to help you with anything during your stay at Outdoor School.

Everyone will eat in the cafeteria that is located in the lodge. The kitchen staff prepares all meals served at the Outdoor School and a special effort is made to see that the meals are well balanced. All meals will be vegetarian, which will be a new experience for some. Even though there may be some things you do not like, we encourage you to be adventurous and try everything. Good table manners are encouraged at Outdoor School. Many people will be eating at the same time so it is important to remember that conversations should be quiet and manners should be like those of a guest. Don't forget PLEASE and THANK YOU when asking for articles at the table or in the serving line.

Each day you will perform a small share of the chores, which are important for the successful operation of the school. Chores will be done with the members of your cabin group and supervised by your cabin leader. In addition to the general school chores, it is the responsibility of each of you to see that your bed areas and cabin are in good shape.

Much of your personal enjoyment during this week will come from meeting and making friends with students from other classes. Your enjoyment depends on you using co-operation and common sense while at Outdoor School. This will ensure a good, safe time.

■ □ □ Studying Together at Outdoor School

Each morning from 9:30-12:00 and afternoon from 1:15-4:00, you will go to your outdoor classroom. Since you will be in the out-of-doors, surrounded by nature, you will be concentrating on natural science, ecology, conservation and recreation. However, your other school subjects will not be neglected; they will simply be presented to you in new and different ways and will become a part of your study in the outdoors. You will find that you will be working in small groups sometimes, and larger groups other times. You will be doing things that will help you to learn about and understand the out-of-doors by using all subjects such as reading, writing and

mathematics. This type of study where all subjects are taught using one topic such as Pond Ecology is called integration. In a typical Pond Ecology Study, you might be hiking to the pond area (recreation), dissecting a log and writing down your observations (science

/ language arts),
measuring and
calculating
populations
(science /
mathematics), and
discussing the changes in
wetland environments including
global change influences (science /
socials).

Recreation at Outdoor School

Tuesday and Wednesday from 4:00-5:00 there is recreation period in which all students will participate. These recreation periods will include sports

that will be organized by the teachers and volunteers. It is a time for students to relax from their schoolwork and burn off some energy before supper.



Tuesday and Wednesday between 6:00-7:00 p.m. you will spend one hour with your classroom teacher writing in your journal, discussing the day's

activities, and engaging in discussion topics relating to what you have learned.

At 7:15, the evening activity will begin in a specified area. These evening activities or games will differ from night to night. One night it could be capture the flag in the woods; other nights, it could be a spy game with TOP SECRET envelopes. It's a chance for all students to get to know each other and make new friends.

Campfire is next with stories and songs. Our Outdoor School pastor will provide a spiritual focus as we end our busy day.

At Outdoor School, lights-out is 15 minutes after the last activity and each evening a teacher or staff will be at your cabin for the night. At no time are you left unsupervised at Outdoor School, which is for your safety and enjoyment.

🔲 🔲 🔲 Discipline



and to help students learn in the outdoor environment, things must run in an orderly manner. If you are not cooperating, you will lose privileges. For example, on field studies, you may be asked to step out and wait while others go in the river to collect samples. In

extreme disciplinary situations where you are continually being spoken to and/or putting yourself or others at risk, the Outdoor School Leader will call your own principal and your parents. Your parents will be requested to come to Outdoor School to take you home. This situation should happen very rarely because using co-operation and common sense is really easy.

■□□ Personal Cleanliness

Your personal hygiene is, of course, your responsibility. Adequate time is provided daily for you to maintain good health practices. Changing clothing daily, washing hands before meals and

after using the washroom, brushing teeth, combing your hair, and showering, are a big part of healthful living in the out-of-doors.

□ □ □ Health and Safety

If you are injured in any way, or if you do not feel well, you must report this immediately to your teacher or other staff member who will see to it that you are taken care of. There are teachers who are trained in first aid that will help you and want you to enjoy your stay at the Outdoor School. Teachers will help you call your parents if it is needed.

NOTE: Any medication that you bring to the Outdoor School must be turned over to your teacher. Make sure that your name and prescribed dosage is written clearly on the container or better yet bring the container from the pharmacy. Our camp nurse is responsible to see that your medication is given to you as required – please make it easy and approach him/her at the appropriate time.

□ □ □ Telephone Use

Cellphones are not permitted in Outdoor school. Since activities are run outside and we don't have a secretary to take calls, parents should avoid calling the camp. In an emergency, parents should call the principal/teacher who will know of the best way to get in touch with students.

Getting Ready for Outdoor School

All personal items and equipment should have your name and the name of your school clearly marked on them. It is recommended that you use a felt pen, sewn-on nametags or embroidery, to mark all items. It would also be to your benefit to make out a checklist of what you take along to the Outdoor School and recheck it carefully before returning home. You are responsible for your own luggage so everything should be packed

with this in mind. You will find a list of suggested supplies in this book. It is there to help you as you decide what to pack.

If you bring anything that is not permitted at Outdoor School, it will be confiscated. Your teacher will discuss what to do with a confiscated item. Electronic devices are returned to your teacher; junk food, etc., which attracts mice, will probably not be returned.

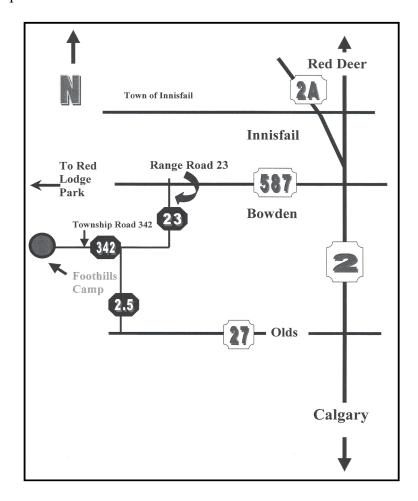
□ □ □ Departing for Outdoor School

Your teacher will arrange for rides to Outdoor school. If it's a bus or if you carpool, it is recommended that you double-check to see that you have not forgotten anything.

□ □ □ Arriving at Outdoor School

When you arrive at the Outdoor school site, your teacher will check in at the lodge in the cafeteria where there will be staff to direct you to your cabins. Once you find your cabin, you may choose a bed that you can claim as yours for the week and get settled in by making your bed and putting away personal equipment (usually

under the bed is a good spot). Make your way back to the cafeteria for supper, which starts at 5:45 pm.



CLOTHING & EQUIPMENT

The following is a suggested list of items you will need. Please do not put your family to needless expense, but rather bring older clothing and equipment that you might already have around your home or that you can borrow from friends and family. The main thing you want to consider is whether you will be dressed warmly enough and can keep dry in case of rainy weather.

Sleeping Gear

- Warm Sleeping Bag (extra blanket if sleeping bag is light-weight)*
- Pillow

Clothing

- Shirts (3 or 4)
- Warm Jacket*
- Sweater
- Socks (4-5 pairs)
- Underwear (4-5 changes)
- Pajamas
- Hat
- Pants (3 pairs)
- Raincoat*
- Waterproof Head Covering*
- Waterproof (Rubber) Boots*
- Walking Shoes
- Sandals or Water Shoes (*These are essential)

Toilet Kit

- Towel
- Washcloth
- Soap and Container
- Deodorant
- Comb/Hairbrush
- Toothbrush/Toothpaste
- Sunscreen
- Insect Repellent
- Medication (if needed)
- Lip Salve (optional)
- Tissues (optional)

Equipment

- Pen
- 3 Pencils
- THIS BOOK
- Water Bottle*
- Flashlight
- Bible
- Clipboard (optional)
- Binoculars (optional)
- Camera (optional)

<u>DO NOT BRING:</u> Money, Knives, Jewelry, Music Machines (CD, MP3, iPods, iPads, tape, record players, 8-tracks ②, etc.), Cell Phones, Electronic Games (Gameboy, PSP, Game Cube, etc.), Movie Machines (DVD, iPod, etc.), or Junk Food/Candy/Gum. Yes, you will live without this stuff for 4 days.





RULES

The following rules are designed to help Outdoor School run smoothly and to make sure everyone can enjoy their time here. Besides following your school rules for field trips, here are some specific Outdoor School rules. As you're out and about, remember the keys: **Co-operation & Common Sense**

- 1. Be where you are supposed to be! Stay within the Outdoor School boundaries (as explained in the General Assembly) unless under the direction of a teacher.
- 2. **Respect.** Your school's rules for how to treat others are to be followed at Outdoor School.
- 3. **Respect.** Treat animals and plants with care. If it is necessary to collect specimens for observation, return them to their original habitat after the study.
- 4. Remember that your cabin is your home for the time that you are at Outdoor School and others share it with you and will use it after you leave. Treat it with respect and never go into anyone else's cabin.
- 5. Between lights-out and rise-and-shine, there should be no noise. Students must remain in their cabins, with the exception of using the washroom facilities.
- 6. All Recreation activities are to be supervised by a teacher. It is important to follow directions.
- 7. Report sickness or accidents to a teacher. Persons seriously ill or injured should not be moved. Teachers should be called to them.
- 8. Do not light fires or carry matches.
- 9. Leave unnecessary items (see clothing & equipment page) at home.
- 10. Abide by your school's dress regulations and please leave all jewelry at home.

		_ My	Journal	/	Writing	Time
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This section of the book is not to be filled out until you come to camp and are directed by the Outdoor School staff. There are a number of activities in which your teacher will ask you to do during the "Debriefing with Teacher" time. The following pages are the options for your teacher to have you do.

☐☐☐ Activity 1 (DO NOT write anything here until it's time!)

Drove more than 2 hours to get here	Has touched a snake	Rode a bike to school this year	Has seen a bald eagle	Went to summer camp last summer
Has held a bug	Has caught a fish	Camped in a tent last summer	Has been to another province	Made a snowman this winter
Has been out of Canada	Has been to Outdoor School before	Hugged someone this week	Has seen a bear in the wild	Has been in a canoe before
Has gone swimming in a river before	Can find the North Star	Has never been to Outdoor School	Has been farther north than Edmonton in Alberta	Has seen a moose in the wild
Has never camped in a tent	Has caught a frog before	Has seen a butterfly emerge from a chrysalis	Has hiked for more than 2 hours before	Has been to an ocean before

■ □ □ Activity 2

ACROSTIC POEM: An acrostic poem uses the letters of a word to start each line describing that word. Here is a sample:

B others you forever

U ntil you go nuts

G onna run away fast

Now it's your turn. Write two acrostic poems. Use the word wetlands for the first one, then think up a good Outdoor School word to write a poem about.

















Now you make up an acrostic poem of your own.

■□□ Activity 3

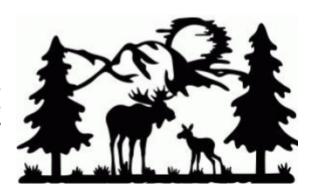
Find 5 Bible verses out of 5 different books of the Bible that talk about wild animals. Write the verse in the space provided.

1	
-	
_	
_	
_	
2	
-	
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3.	
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4	
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-	
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5.	
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■□□ Activity 4

ANIMAL SCRAMBLE

Unscramble these letters to discover the names of some of the animals you may have seen today, either in person or from their signs



- 1. LEK
- 2. TILERATEWHIDEED (3 words)
- 3. DERIPS
- 4. AREB
- 5. EVBARE
- 6. NOREATGROWLHED (3 words)
- 7. PETARLIACLR
- 8. CEYOTO
- 9. CRINEPPUO
- 10. REHA
- 11. QRILESUR
- 12. GOOPKETHERCP (2 words)
- 13. TARDEN
- 14. RILEFCK

habitat (home).	ma	is and draw a picture of ea	cn	one eating in its natural

WATERY WORLD WORD SEARCH

See if you can find all the words hidden below. They may run forwards, backwards, horizontally, vertically, or diagonally. Circle the letters of each word carefully. When you have found all the words on the list, read through the word search from left to right, top to bottom and place all the unused letters you find in sequence in the spaces below. These letters will spell out a secret message.

me	ssage														AIR AQUATIC
Е	Н	W	0	Α	Q	U	Α	Т	I	С	N	W	Н	М	BACKSWIMMER BUG
L	L	Α	М	S	Е	G	Α	L	F	U	0	М	Α	С	CADDISFLY CAMOUFLAGE
Α	S	Т	R	Ε	Α	М	Т	Е	N	Р	I	D	В	N	CREEK DAMSELFLY DIPNET
С	R	Е	Е	K	Α	L	С	G	Υ	М	S	Α	I	0	DRAGONFLY FAIRY SHRIMP
Α	I	R	М	Е	Α	L	Е	S	I	N	Ν	М	Т	Т	FISH FLOAT
D	Υ	S	М	I	В	В	S	Е	Α	W	Е	S	Α	I	FLOW GILLS
D	Е	Т	I	М	U	G	N	W	I	S	Т	Е	Т	U	HABITAT ICE
I	R	R	W	Т	G	Т	I	N	I	С	Е	L	S	Q	INSECT LAKE
S	Р	I	S	Е	Т	S	G	G	Н	М	С	F	Р	S	LARVA LEGS
F	D	D	K	W	Α	S	I	S	I	I	Α	L	L	0	MAYFLY MEAL
L	Α	Е	С	D	0	L	I	Р	Υ	L	F	Υ	Α	М	MITE MOIST
Υ	Р	R	Α	Υ	L	F	N	0	G	Α	R	D	S	F	MOSQUITO NYMPH
Υ	U	0	В	S	F	U	U	N	М	R	U	I	Н	L	POND PREY PUPA
Н	Р	М	Υ	N	S	С	U	D	S	٧	S	F	Н	0	SCUDS SMALL
I	Р	М	I	R	Н	S	Υ	R	I	Α	F	N	D	W	SPLASH STREAM
Sec	ret M	lessa	ge:												SUN SURFACE TENSION SWIM WATER STRIDER WET
	/		/					/		_/_	/			?	WHIRLIGIG BEETLE WINGS
					-			T .)	1	1	

RIVER RUST!

How much water is flowing past, where we are standing?

77 M3			actually takes for a ball to cover the 30 meters. For all five times and then calculate the average.
PREDICTION How much time do you think it will take for a ball to travel 30 meters in this river?	Trial 1 Trial 2 Trial 3 Trial 4 Trial 5	\$9C. \$9C. \$9C. \$9C. \$9C.	AVERAGE TIME Total Time Average Time Average Time Total Time Average Time Average Time

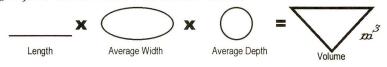
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1/10/	140000	
W		

To find the volume, you need measurements for length, depth, and width.

The length is set at 30 meters. You need to find the average depth and the average width of this section of the river.

WIDTH	DEPTH
Measure the width of the river in 3 places.	Measure the depth of the river in 9 places.
#1m	#1 m #4 m #7 m
#2	#2 m # 5 m # 8 m
#3m	#3 m #6 m #9 n
Total m	Totalm
Total Width # of Meas-	Total Depth + 9 of Meas-
urements Average Width	urements Average Depth

Multiply length x average width x average depth to find the volume of this section of the river.

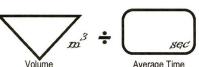




Now we can use the average time and the volume to find out how much water flows past us in one second. Use the formula below to calculate how many cubic meters flow by per second.

FORMULA

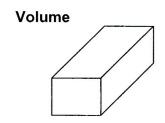
 $\frac{Votume \ (m^3)}{Time \ (s)} = Second \ Meter$ $Flow \ (m^3/s)$



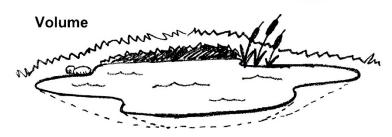


How Many Bathtabs? Measuring Pond Volume

Volume – the amount of space an object takes up; measured in m³ (cubic meters)



length x width x height



average length x average width x average height

Measuring the volume of a rectangular prism is easy. You simply multiply the length by the width and by the height. Measuring the volume of a pond is a bit trickier because the measurements vary, or change, from place to place. How deep a pond is depends on where you measure it. To solve this problem, we take a few measurements of the depth and find the average. After that, it's a piece of cake!

LENGTH

Measure the length of the pond in 2 places. Then add them up to average them out.

#1 ____ m

Total $m \div 2 =$

WIDTH

Measure the width of the pond in 3 places. Then add them up to average them out.

#1 m

#2 ____ m

#3 ____ m

Total $m \div 3 =$

DEPTH

Measure the depth of the pond in 15 places. Then add them up to average them out.

#1	 m	#6	 #11	
#2	m	#7	 #12	
#3	m	#8	#13	
#4	m	#9	#14	
#5	m	#10	#15	

Total ____ m ÷ 15 =

VOLUME

Now multiply the average length, average width, and average depth.

How many bathtubs is that?

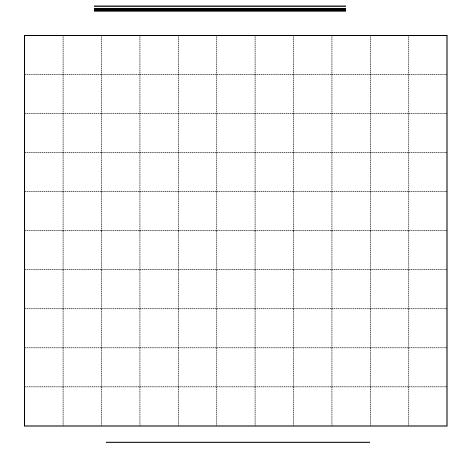
How Many Deer?

Fill out the graph with the data from our game. You need:

□ Title (Yearly Deer Populations)

□ Label x-axis (Year)
□ Number x-axis (1,2,3,4...)

□ Label y-axis (Number of Deer)
□ Number y-axis (2,4,6,8,10...)



Our Game Data

Year	1	2	3	4	5	6	7	8	9	10
# of Deer										

Owls, like all birds of prey, eat large amounts of bones, feather, and fur with their prey. After the bird has digested its meal, this indigestible material is rolled and compacted in part of the raptors digestive tract to form a pellet. This pellet is regurgitated through the mouth several hours after feeding. Since owls digest very little bone, these pellets are a great way to find out what the owl has been

Procedure:

- 1. Place a pellet on a sheet of white paper.
- 2. Using the probe, carefully separate the bones from fur and feathers. Clean the bones as well as possible and place them to one side.
- 3. Determine the number of animals in the pellet by pairing right and left lower jaw bones with the upper part of the skull.
- 4. Using the illustrations, identify the skulls found in the pellet.

Record **your findings** below:

Type of Prey	Voles	Mice	Shrews	Moles	Rats	Small Birds	Total
Number							

Record the results for the whole class below:

Type of Prey	Voles	Mice	Shrews	Moles	Rats	Small Birds	Total
Number							

Total # of Prey Animals: Total # of Pellets: Average Prey Animals/Pellets:	Total # of Prey Animals:	Total # of Pellets:	Average Prey Animals/Pellets:
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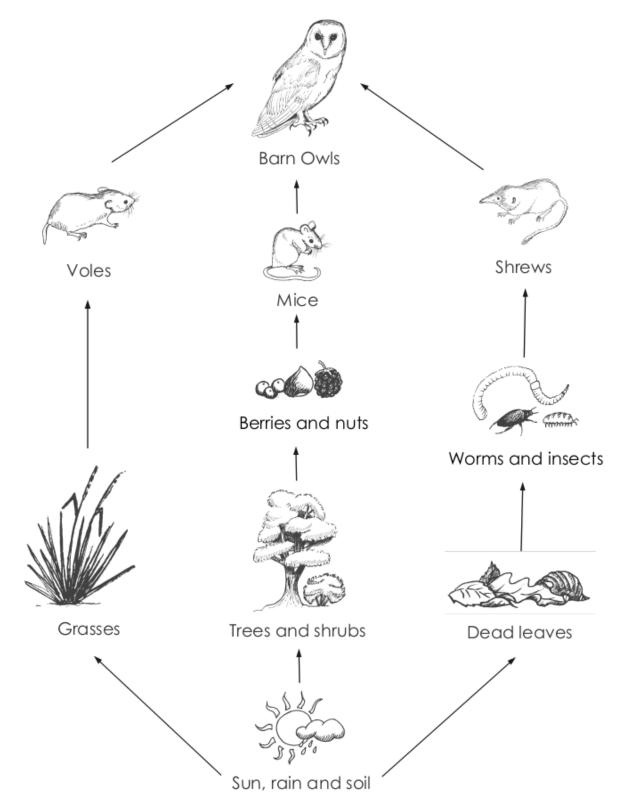
Bone Southing Chart

Use this chart to identify the different types of bones that you discover in your owl pellets.

	RODENT	Mole	SHREW	Bird
Skull			Orin 1	
Jaw				
Shoulder Blade				3
Front Leg				
Hip	Comment			
Back Leg				TI TO THE TENT OF
Rib				
Vertebrae				
Misc. Items	Caterpillar larvae & caterpillar cocoons		Caterpillar -: droppings	

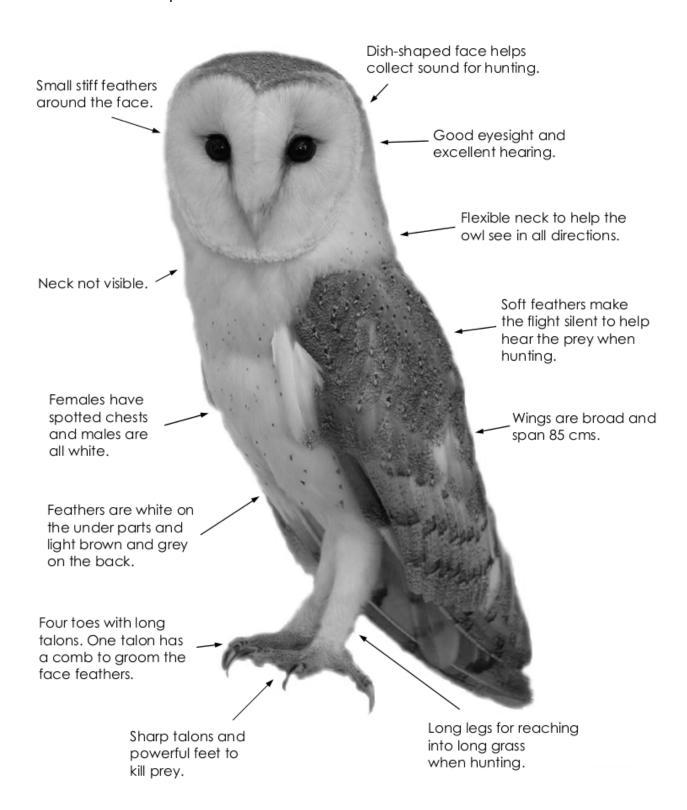
Dul Science

Food Web



Dul Science

Owl Features and adaptations



Morish Mosnitoris

Water Flea

Pink or orange in colour, it moves up and down in short hops and feeds on algae and bacteria. About this long

Copepod

Often called 'Cyclops', due to its single eye spot. Moves with a constant, jerky, swimming motion, eats dead plants and animals and is very tiny.

Water Mite

Usually red, this tiny spider relative feeds on larvae and plankton and swims by wildly beating its 8 legs. About this long

Sideswimmer

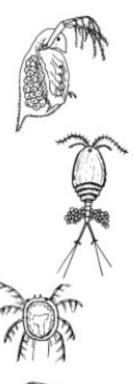
A freshwater shrimp that is grayish in colour and swims on its side by beating its many legs. A scavenger about this long

Mosquito Larva

"Little black sticks" that float under the surface and feed on algae and protozoa. Wiggles wildly when disturbed. About this long

Mosquito Pupa

A tiny black "comma" floating just under the surface. It breathes through hollow tubes that stick out of the top of its head. About this long









Water Boatmen

Black with fine yellow bars, it swims by paddling with its oarlike legs. Eats algae and dead plants and animals. About this long



Phantom Midge Larva

Called a Phantom midge because this worm-like animal is transparent (see through). It moves by suddenly flicking its body Eats plankton and is about this long



Backswimmer

Black and white in colour, with big red eyes. It swims along on its back by using its legs as oars. Preys on insects and small fish. About this long



Water Strider

With long skinny legs, it runs on the surface of the water and feeds on small insects. About this long



Damselfly Nymph

Usually found on the bottom or on underwater plants. Notice the 3 leaf-like gills on the end of its body. Eats insects and plankton. About this long



Mayfly Nymph

Similar to the damselfly
nymph except that the
projections at the end of its
body are finer and more
feather or hair-like. Eats algae and
plant material. About this long



Marish Monsters

Dragonfly Nymph

Brown in colour, it usually walks slowly on the bottom or among the vegetation. Eats plankton, worms and insects. About this long



Caddisfly Larva

Builds a tubular home using bits of plants, sand grains or even old snail shells. Walks slowly along the bottom and eats algae and small aquatic animals. About this long



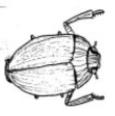
Giant Water Bug

A large, flat, brown bug usually found among plants. Swims by kicking its hind legs. Eats a variety of aquatic animals. This drawing is about life size.



Whirligig Beetle

A small, shiny black beetle
usually seen zooming around on
the surface of the water. Feeds on
small insects and is about this
long



Predacious Diving Beetle

(larva) Also called a water tiger due to its voracious appetite for insects, minnows and tadpoles. Swims by 'dog paddling' with its legs. About this long



Predacious Diving Beetle

(Adult) A shiny black beetle sometimes marked with dull yellow or green. Swims by paddling with oar-like legs. Eats a variety of aquatic animals. About this long



Snails

Move around slowly on a muscular foot that extends out of a spiral or orb shell. Use a rough 'tongue' to scrape up algae and dead plant material. Size varies



Seed Shrimp

A tiny clam-like animal that is greenish in colour and motors about using its legs and antennae. Filters bacteria and dead plant material out of the water, About the same size as the water flea.



Leech

A flat-bodied, dark-coloured worm with a sucker at each end of its body. Moves along like an inchworm or swims in a ribbonlike fashion. Eats snails, insect larvae, worms and some suck blood. Size varies



Bloodworm

A dark red, segmented worm that spends its time moving about in the muck at the bottom of the marsh. Eats algae, tiny plants and other dead things on the bottom. About this long

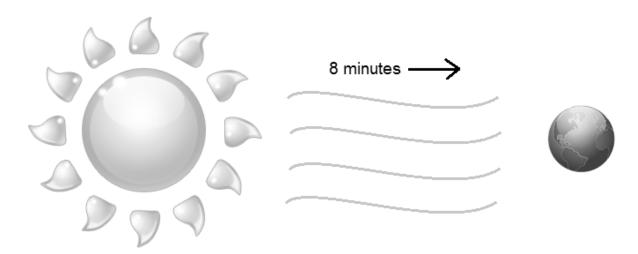


Light and Optics

What is light?

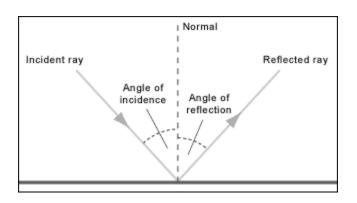
Light is a type of energy which travels as a wave. It travels from a luminous source (such as the Sun, or a flame, or a torch), in a straight line

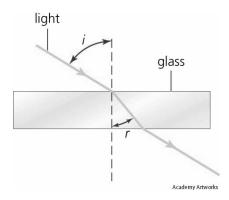
Sources of Light	Reflect Light

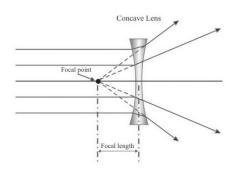


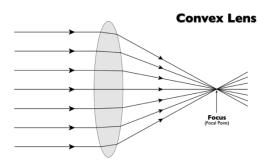
Objects which block light and don't let any through are called opaque. Those which allow some light through are called translucent, whereas transparent objects allow all light through. 1. State whether the following objects are transparent, translucent or opaque.

- a). A brick wall
- b). Eyeglasses
- c). Windows
- d). Frosted glass (like on a bathroom window)
- e). Cardboard











Indesacnibable

Written by Laura Story / Recorded by Chris Tomlin

From the highest heights to the depths of the sea,

Creation's revealing Your majesty.

From the colors of fall to the fragrance of spring,

Every creature unique in the song that it sings.

All exclaiming...

Indescribable, uncontainable,

You placed the stars in the sky and you know them by name.

You are amazing, God!

All powerful, untamable,

Awestruck, we fall to our knees as we humbly proclaim

You are amazing, God.

Who has told every lightning bolt where it should go?

Or seen heavenly storehouses laden with snow?

Who imagined the sun and gives source to its light?

Yet conceals it to bring us the coolness of night.

None can fathom...

Power Text:

Great is our Lord and mighty in power;

His understanding has no limit! Psalm 147: 5